



Personal, Social, Health, Economic Education & Relationship Education (PSHE/RSE)

Curriculum Intent:

At Hunningley Primary Academy, our Personal, Social, Health, Economic and Relationships Education (PSHE/RSE) curriculum is designed to develop confident, respectful, resilient and responsible citizens who are fully prepared for life in modern Britain and beyond. Through a carefully sequenced curriculum, pupils develop the knowledge, skills and attributes needed to keep themselves safe, maintain positive relationships, contribute positively to society and make informed decisions throughout their lives.

Our curriculum is underpinned by the belief that personal development is as important as academic achievement. We want every child to leave Hunningley as a compassionate individual who understands themselves, values others, demonstrates integrity and has the confidence to thrive in an ever-changing world.

Beginning in the Early Years Foundation Stage and continuing progressively through to Year 6, our curriculum follows the Kapow Primary RSE & PSHE programme, which has been carefully selected to provide ambitious coverage of the statutory Relationships Education and Health Education curriculum while reflecting the context and needs of our pupils. The curriculum has been reviewed and updated to align fully with the revised statutory Relationships, Sex and Health Education guidance introduced from September 2026.

In Reception, learning is organised through the EYFS Personal, Social and Emotional Development strands of:

- Self-Regulation
- Managing Self
- Building Relationships

which provide the essential foundations for future learning.

From Year 1 to Year 6, pupils revisit and deepen their understanding through Kapow's progressive vertical concepts:

- My Healthy Self
- Connecting with Others
- The Online World
- Citizenship



- Health Protection
- Growing Up
- Staying Safe
- Sex Education (Year 6)

These concepts have been deliberately sequenced to build pupils' understanding over time through a spiral curriculum model. Key knowledge and concepts are revisited regularly, allowing children to make meaningful connections between previous and new learning while developing increasing maturity and depth of understanding.

Our curriculum reflects our ambition to achieve exceptional outcomes in personal development. Through carefully planned learning, pupils develop:

- Emotional literacy and self-awareness.
- Positive physical and mental health habits.
- Healthy and respectful relationships.
- Digital resilience and online safety skills.
- An understanding of diversity, equality and protected characteristics.
- A strong commitment to British Values.
- Financial awareness and economic understanding.
- Active citizenship and social responsibility.
- The confidence to challenge discrimination, prejudice and injustice.
- The knowledge required to stay safe and seek help when necessary.

As part of Hunningley's wider Education with Character provision, pupils are provided with meaningful experiences that extend beyond the classroom. We believe exceptional personal development is achieved when curriculum knowledge is combined with rich opportunities to apply learning in authentic contexts and contribute positively to the school, local community and wider society.

Ultimately, we aim for every child to leave Hunningley Primary Academy as a knowledgeable, resilient and compassionate young person who is fully prepared for the next stage of education and life in modern Britain.



Implementation

Personal development begins the moment children enter Hunningley Primary Academy.

Within Reception, PSHE is explicitly taught through the EYFS Kapow curriculum and embedded throughout continuous provision. Learning focuses on developing children's ability to understand and regulate their emotions, build positive relationships, manage their behaviour and develop independence. These foundations support successful transition into Key Stage 1 and provide the building blocks for lifelong personal development.

From Year 1 to Year 6, pupils follow the carefully sequenced Kapow RSE and PSHE curriculum. Each year group studies six units of work, ensuring broad coverage of statutory Relationships Education, Health Education and age-appropriate Sex Education. Learning is organised through the curriculum's vertical concepts and builds progressively year upon year.

The curriculum has been designed to ensure pupils develop both substantive knowledge and disciplinary understanding. Children learn not only what to know, but how to apply knowledge to make informed decisions, evaluate risk, reflect on choices and contribute positively to society.

Teachers begin each unit with clear end points in mind. Learning is carefully sequenced so that pupils revisit and strengthen prior learning whilst making connections across different units and year groups. The curriculum places equal importance on knowledge, vocabulary, discussion, reflection and application.

Through the curriculum, all children experience:

- Explicit teaching of key PSHE and RSE knowledge.
- Opportunities to discuss, debate and reason respectfully.
- Learning that promotes safeguarding and personal safety.
- Diverse and representative curriculum content.
- Teaching that reflects modern British society and the communities' pupils will encounter beyond Hunningley.
- High-quality vocabulary instruction.
- Retrieval practice and regular revisiting of key concepts.
- Opportunities to develop leadership, independence and responsibility.
- Explicit links to British Values and Protected Characteristics.
- Learning that supports pupils' understanding of mental health and wellbeing.



- Age-appropriate Relationships and Sex Education delivered in line with statutory guidance.

The curriculum is ambitious for all learners. Teachers carefully scaffold learning where necessary whilst maintaining high expectations for every child. Adaptations are made to ensure pupils with SEND can successfully access the intended curriculum whilst working towards the same learning goals as their peers.

Beyond discrete PSHE lessons, personal development is enhanced through our wider Education with Character programme. Pupils have opportunities to engage in leadership roles, community projects, educational visits, enrichment experiences, pupil voice initiatives, celebration events and charitable activities. These experiences allow pupils to apply their learning beyond the classroom and develop the character attributes that underpin successful citizenship.

Safeguarding is woven throughout the curriculum. Pupils learn about healthy relationships, consent, personal boundaries, online safety, mental wellbeing, discrimination, equality, risk management and seeking support. This ensures children develop the knowledge and confidence needed to keep themselves safe both now and in the future.

Impact

The impact of our PSHE/RSE curriculum is evident in the character, conduct and personal development of our pupils.

Children leave Hunningley Primary Academy equipped with the knowledge, skills and attitudes needed to flourish in secondary education and beyond. They understand how to keep themselves physically, emotionally and digitally safe. They can build and maintain healthy relationships, respect diversity and make positive contributions to their communities.

Through our curriculum, pupils develop:

- Confidence and self-esteem.
- Emotional resilience and self-regulation.
- Respect for themselves and others.
- Understanding of equality, diversity and inclusion.
- Appreciation of different cultures, faiths and backgrounds.
- Strong knowledge of British Values.
- Positive attitudes towards mental and physical wellbeing.
- Effective communication and interpersonal skills.
- The ability to make informed and responsible choices.



- A clear understanding of how to seek help when required.

Children demonstrate increasing maturity as they progress through school. They are able to discuss sensitive issues respectfully, challenge stereotypes, recognise discrimination and advocate for fairness and equality. They understand their rights and responsibilities as citizens and show pride in making positive contributions to school life and the wider community.

The impact of the curriculum is monitored through:

- Pupil voice discussions.
- Lesson observations and learning walks.
- Curriculum monitoring and subject reviews.
- Retrieval activities and low-stakes assessment.
- Analysis of safeguarding trends and pastoral needs.
- Work scrutiny and floorbook evidence.
- Evaluation of enrichment opportunities and wider personal development experiences including our Friday 45 offer.
- Ongoing assessment of pupils' understanding and application of learning.

The true measure of impact is seen in the exemplary conduct, confidence, resilience and character of our pupils. Through a carefully planned curriculum and a wealth of purposeful experiences, children develop the knowledge, confidence and moral purpose to make a positive difference in their own lives and the lives of others.

At Hunningley Primary Academy, we believe exceptional personal development is achieved when children know more, remember more and become more. Through our PSHE and RSE curriculum, we ensure every child is prepared not only for the next stage of education, but for a happy, healthy and successful future.