

# Autumn Menu 2021

## Monday

## Tuesday

## Wednesday

## Thursday

## Friday


### Week One

Option 1	Spaghetti Bolognese with pasta or vegetable pasta bolognese with peas & sweetcorn	Sausage or Quorn Cumberland sausage with mashed potato, swede & broccoli	Roast Turkey served with potatoes, cauliflower, cabbage & gravy or Macaroni cheese & garlic bread	Chicken Curry or vegetable curry with 50/50 Rice, carrots, & green beans	MSC Fish in batter Or Quorn vegan nuggets, with chips & baked beans
Option 2	Jacket potato Beans/cheese	Jacket Potato Tuna mayo/ cheese	Jacket Potato Beans/cheese	Jacket Potato Tuna mayo/ cheese	Jacket Potato Beans/cheese
Option 3	Cheese, Ham or Tuna Mayo Sandwich	Cheese, Ham or Tuna Mayo Sandwich	Cheese, Ham or Tuna Mayo Sandwich	Cheese, Ham or Tuna Mayo Sandwich	Cheese, Ham or Tuna Mayo Sandwich
Dessert	Hot pudding & custard, and a piece of fruit	Hot pudding & custard and a piece of fruit	Hot pudding & custard and a piece of fruit	Hot pudding & custard and a piece of fruit	Hot pudding & custard and a piece of fruit

### Week Two

Option 1	Chicken pasta bake or tuna pasta bake with garlic bread, sweetcorn & peas	Beef chilli nacho pie or Quorn chilli nacho pie served with savoury rice served with green beans & carrots	Roast gammon or cheese & onion quiche served with potatoes, cauliflower & cabbage	Beef lasagne or Quorn lasagne with new potatoes, salad & coleslaw	MSC Fish fingers / salmon fish fingers or cheese omelette served with chips & baked beans
Option 2	Jacket potato Beans/cheese	Jacket Potato Tuna mayo/ cheese	Jacket Potato Beans/cheese	Jacket Potato Tuna mayo/ cheese	Jacket Potato Beans/cheese
Option 3	Cheese, Ham or Tuna Mayo Sandwich	Cheese, Ham or Tuna Mayo Sandwich	Cheese, Ham or Tuna Mayo Sandwich	Cheese, Ham or Tuna Mayo Sandwich	Cheese, Ham or Tuna Mayo Sandwich
Dessert	Hot pudding & custard, and a piece of fruit	Hot pudding & custard and a piece of fruit	Hot pudding & custard and a piece of fruit	Hot pudding & custard and a piece of fruit	Hot pudding & custard and a piece of fruit

### Week Three

Option 1	BBQ chicken noodles or vegetable noodles served with garden peas and sweetcorn	Minced beef & vegetable pie or cheese & onion pasty served with new potatoes, cauliflower & cabbage	Roast chicken or Quorn roast served with potatoes, carrots, green beans & gravy	Beef meatballs or Quorn meatballs in tomato & basil sauce served with pasta, swede & garden peas	MSC Fish in Batter or cheese & tomato pizza served with chips & baked beans
Option 2	Jacket potato Beans/cheese	Jacket Potato Tuna mayo/ cheese	Jacket Potato Beans/cheese	Jacket Potato Tuna mayo/ cheese	Jacket Potato Beans/cheese 
Option 3	Cheese, Ham or Tuna Mayo Sandwich	Cheese, Ham or Tuna Mayo Sandwich	Cheese, Ham or Tuna Mayo Sandwich	Cheese, Ham or Tuna Mayo Sandwich	Cheese, Ham or Tuna Mayo Sandwich
Dessert	Hot pudding & custard, and a piece of fruit	Hot pudding & custard and a piece of fruit	Hot pudding & custard and a piece of fruit	Hot pudding & custard and a piece of fruit	Hot pudding & custard and a piece of fruit

**Available Daily:**  
- Bread freshly baked on site daily

**ALLERGY INFORMATION:**  
If your child has an allergy or intolerance please ask a member of the catering team for information. If your child has a school lunch and has a food allergy or intolerance you will be asked to complete a form to ensure we have the necessary information to cater for your child. We use a large variety of ingredients in the preparation of our meals and due to the nature of our kitchens it is not possible to completely remove the risk of cross contamination.