

Autumn Menu 2021

Monday

Tuesday

Wednesday

Thursday

Friday

Week One

Option 1	Spaghetti Bolognaise with pasta or vegetable pasta bolognaise with peas & sweetcorn Halal available	Sausage or Quorn Cumberland sausage with mashed potato, swede & broccoli Halal Available	Roast Turkey served with potatoes, cauliflower, cabbage & gravy or Macaroni cheese & garlic bread Halal available	Chicken Curry or vegetable curry with 50/50 Rice, carrots, & green beans Halal Available	MSC Fish in batter Or Quorn vegan nuggets, with chips & baked beans
Option 2	Jacket potato Beans/cheese	Jacket Potato Tuna mayo/ cheese	Jacket Potato Beans/cheese	Jacket Potato Tuna mayo/ cheese	Jacket Potato Beans/cheese
Option 3	Cheese, Ham or Tuna Mayo Sandwich	Cheese, Ham or Tuna Mayo Sandwich	Cheese, Ham or Tuna Mayo Sandwich	Cheese, Ham or Tuna Mayo Sandwich	Cheese, Ham or Tuna Mayo Sandwich
Dessert	Hot pudding & custard, and a piece of fruit	Hot pudding & custard and a piece of fruit	Hot pudding & custard and a piece of fruit	Hot pudding & custard and a piece of fruit	Hot pudding & custard and a piece of fruit

Week Two

Option 1	Chicken pasta bake or tuna pasta bake with garlic bread, sweetcorn & peas Halal available	Beef chilli nacho pie or Quorn chilli nacho pie served with savoury rice served with green beans & carrots Halal available	Roast Gammon or cheese & onion quiche served with potatoes, cauliflower & cabbage Halal available	Beef lasagne or Quorn lasagne with new potatoes, salad & coleslaw Halal available	MSC Fish fingers / salmon fish fingers or cheese omelette served with chips & baked beans
Option 2	Jacket potato Beans/cheese	Jacket Potato Tuna mayo/ cheese	Jacket Potato Beans/cheese	Jacket Potato Tuna mayo/ cheese	Jacket Potato Beans/cheese
Option 3	Cheese, Ham or Tuna Mayo Sandwich	Cheese, Ham or Tuna Mayo Sandwich	Cheese, Ham or Tuna Mayo Sandwich	Cheese, Ham or Tuna Mayo Sandwich	Cheese, Ham or Tuna Mayo Sandwich
Dessert	Hot pudding & custard, and a piece of fruit	Hot pudding & custard and a piece of fruit	Hot pudding & custard and a piece of fruit	Hot pudding & custard and a piece of fruit	Hot pudding & custard and a piece of fruit

Week Three

Option 1	BBQ chicken noodles or vegetable noodles served with garden peas and sweetcorn Halal available	Minced beef & vegetable pie or cheese & onion pasty served with new potatoes, cauliflower & cabbage Halal available	Roast chicken or Quorn roast served with potatoes, carrots, green beans & gravy Halal available	Beef meatballs or Quorn meatballs in tomato & basil sauce served with pasta, swede & garden peas Halal available	MSC Fish in Batter or cheese & tomato pizza served with chips & baked beans
Option 2	Jacket potato Beans/cheese	Jacket Potato Tuna mayo/ cheese	Jacket Potato Beans/cheese	Jacket Potato Tuna mayo/ cheese	Jacket Potato Beans/cheese
Option 3	Cheese, Ham or Tuna Mayo Sandwich	Cheese, Ham or Tuna Mayo Sandwich	Cheese, Ham or Tuna Mayo Sandwich	Cheese, Ham or Tuna Mayo Sandwich	Cheese, Ham or Tuna Mayo Sandwich
Dessert	Hot pudding & custard, and a piece of fruit	Hot pudding & custard and a piece of fruit	Hot pudding & custard and a piece of fruit	Hot pudding & custard and a piece of fruit	Hot pudding & custard and a piece of fruit

Available Daily:
- Bread freshly baked on site daily

ALLERGY INFORMATION:
If your child has an allergy or intolerance please ask a member of the catering team for information. If your child has a school lunch and has a food allergy or intolerance you will be asked to complete a form to ensure we have the necessary information to cater for your child. We use a large variety of ingredients in the preparation of our meals and due to the nature of our kitchens it is not possible to completely remove the risk of cross contamination.